

# The Crazy Wisdom Calendar

**Jocelyn Granger is the founder and director of the Ann Arbor Institute of Massage Therapy.**

*When did you found the Ann Arbor Institute of Massage Therapy?*

I began AAIMT in May of 1993. This is our 15th year!

*About how many massage therapists have been educated and trained through the AAIMT over the years?*

AAIMT has had approximately 850 students over the course of 15 years, with 785 graduates.

*Any approximate idea of how many of those massage therapists are practicing in the greater Ann Arbor area, and/or in southeastern Michigan?*

In the greater Ann Arbor Area are approximately 450 of our graduates practicing. In southeastern Michigan, we have about 650 graduates.

*It must be very satisfying to have been so instrumental in the training of so many massage therapists.*

With each graduating class I get to feel that “sense of accomplishment.” That is my favorite day to be at work, but it is bittersweet because the students are done with class and are ready to move on.

*Through your hard work and good efforts, many people in this area are more relaxed and feel healthier. Do you feel good about that?*

It makes my heart sing. I love hearing all of the stories about our graduates helping folks in pain to feel well again. It was well worth being a “pioneer” with this work in Ann Arbor all those years ago.

*What do you love most about your work as an educator of future massage therapists?*

Observing the changes that occur during the students’ year with us. I tell them on their first day of class that this training will have a profound impact on their lives. They roll their eyes and do not believe it until it happens about six to eight months later.

*What do you like least about your work at the AAIMT?*

That would be the bittersweet part of graduation day. We have to say goodbye to the students.

*Do you get massages for yourself?*

Oh, yes! It is very important to support your own industry while “practicing what you preach.” I want to maintain a high level of health, and massage is a very important component of that goal.

*What do you do for fun and relaxation?*

I garden and hang out with my pets. I have red Dobermans and several cats.

*Where is your favorite outdoor place to go in the area, in the summertime, and fall?*

My favorite outdoor place spring through fall is my garden and patio. I live out in the woods and have a 4500 sq. ft. garden with a very large patio next to it. It is a wonderful place to be.

*Where is the most beautiful or enchanting place you have traveled to?*

Being out on Lake Mead in Nevada is quite beautiful in a surreal way. Napa Valley in California is enchanting.

*Where would you like to travel that you have never been to?*

I am looking forward to a trip to Australia, New Zealand, Thailand and Bali one day very soon.



## Author Receptions (continued)

**Book Signing and Talk with Janice Lynne Lundy, Author of *Your Truest Self: Embracing the Woman You Are Meant to Be*, at Crazy Wisdom Tea Room • Nov. 16, 2 p.m. •**

Within every woman, there is an essential Truth waiting to be claimed, a Truth that will empower her to claim a spiritual life that is real and authentic, one that will nourish and sustain her every day. Drawing from her personal encounters with 12 spiritual mentors - activists, artists, writers, and teachers - author Janice Lynn Lundy has created 12 Transformational Truths to guide and enable women to live more peaceful, confident, and open-hearted lives. Free. For more information, call Rachel Pastiva at 665-2757; rachel@crazywisdom.net.

***Your Truest Self* Presentation and Book Signing with Author Janice Lynne Lundy in Grand Rapids • Oct. 15 or Oct. 16, 7-8:30 p.m. •** See above description of her book. Free. Call Spirit Dreams at 616-456-9889 or Dominican Center at 616-454-1241; jan@awakenedliving.com.

**Author Readings at Nicola’s Books •** For more information on these and future events, call 662-0600.

**Sept. 23, 7 p.m. • *Anathem* by Neal Stephenson**

**Sept. 25, 7 p.m. • *Michigan: Our Land, Our Water, Our Heritage* edited by John Knott**